



## Join us for CPR training and receive a FREE CPR Anytime® Kit

CPR Anytime® allows anyone to learn the core skills of CPR using their own personal kit. The Family & Friends CPR Anytime® Kit contains everything needed to learn basic CPR skills, choking relief and AED awareness, and who does not need a course completion card to meet a job requirement.

HackensackUMC's H.A.R.P. program will provide CPR training and a FREE CPR Anytime® Kit to participants so they can share the skills they have learned with family and friends.

Saturday, May 21, 2016  
11:00am

Zion Lutheran Church  
111 Midland Ave (at Harrison), Garfield, NJ 07026  
Phone: (646) 321-3737  
Preregistration required



Family & Friends  
CPR Anytime® Kit

### Your FREE CPR Anytime® Kit includes:

- 1bilingual (English/ Spanish) Family & Friends CPR Anytime® DVD to refresh skills
- 1poly-bagged Mini Anne® CPR personal manikin that clicks when you've pressed hard enough
- 1bilingual (English/ Spanish) Skills Reminder Card to carry with you for skills reference
- 1Mini Anne replacement lung to exchange when sharing the kit (additional replacement lungs can be ordered from any distributor)
- Manikin wipes to clean manikin and before sharing with close family member or friend