

YOUTH TIPS

CHOOSE SAFER WALKING AND BICYCLING ROUTES

Routes that are safer have:

- ➔ Sidewalks, paths or bicycle lanes.
- ➔ Low traffic volume.
- ➔ Low speed limits.
- ➔ Nothing blocking the pedestrian, bicyclist, or motorist's view: overgrown bushes, trees, etc.
- ➔ Traffic signals, pedestrian crossing signals, and clearly marked crossings.
- ➔ Good lighting.
- ➔ Drivers who practice safe driving behavior including: obeying the speed limit; yielding to pedestrians; and respecting all road users including pedestrians and bicyclists.
- ➔ People out walking and bicycling. Those who feel a route is safe are more likely to walk or bicycle the route.
- ➔ A safe neighborhood program or neighbors watching out for others' safety.
- ➔ Groups walking and/or bicycling together with responsible role models.
- ➔ For additional information, see:
www.nhtsa.gov/Bicycles or www.nhtsa.gov/Pedestrians

For additional information specific to walking and bicycling to school, see:

- ➔ The Walking School Bus Guide
www.saferoutesinfo.org/guide/walking_school_bus/index.cfm
- ➔ Safe Routes to School Guide
Teaching Children to Walk Safely as They Grow and Develop:
www.saferoutesinfo.org/sites/default/files/TeachingChildrentoWalkSafely.pdf