

# STRENGTHENING BERGEN COUNTY'S MILITARY FAMILIES

Hosted by The Center for Alcohol and Drug Resources , a program of Children's Aid and Family Services and Garfield Middle School.



## FAMILY WORKSHOP

THURSDAYS  
MARCH 27TH  
THROUGH JUNE 26TH



### GARFIELD MIDDLE SCHOOL

175 LANZA AVENUE  
GARFIELD, NJ 07026  
6:00 TO 8:30 P.M.

**FOR MORE  
INFORMATION OR TO  
REGISTER CONTACT:**

SHYRA AULTMON  
SAULTMON@CAFSNJ.ORG  
(PH): 201-740-7148

- PARENT WORKSHOPS
- INTERACTIVE YOUTH ACTIVITIES FOR AGES 6-11
- FREE FAMILY MEALS
- FREE BABYSITTING FOR YOUNGER SIBLINGS
- GIFT INCENTIVES

**\*Limited space available for  
non-military personnel.**

 **THE CENTER**  
FOR ALCOHOL AND DRUG RESOURCES  
A Program of Children's Aid and Family Services  
201-488-8680  
www.tcadr.org  
facebook.com/TCADR

Funded through a grant provided by the New Jersey Prevention Network to The Center for

Alcohol and Drug Resources, a program of Children's Aid and Family Services by the State of New Jersey,  
Department of Mental Health & Addiction Services.